



*Your Natural Health and Wellness Needs in One Convenient Location*

Newsletter October 05

**Well We Are All Settled In Our Beautiful New Clinic**  
Level 1 123 BROWNS PLAINS ROAD  
BROWNS PLAINS  
PH 3806 9099

## Christmas Just Around The Corner!!



Wow it's hard to believe that Christmas is just around the corner.

Do you have a loved one that is really hard to buy for?

Well Kouxan has the answer!

**Our Ultimate Destress Package—One Hour of pampering—Facial, Back, Neck, Shoulder Massage**  
Only \$85.00

**Our Self Renewal Package—One Hour & 45Mins—Facial, Foot treatment, Back, Neck, Massage**  
Only \$110.00

**Our Famous Hot Stone Massage—One Hour Only \$70.00**

## JOIN OUR WELLNESS CLUB



If you have followed your recommended care plan for a minimum of three months, and have referred another person to our clinic, then you are eligible for Kouxan's Wellness Club Membership.

### *What You Will Get For Being a Member*

*You will receive Special Promotional Offers from not only Kouxan Natural Health **But** other Local Business Owners as well and these are only available to Club Members e.g \$20.00 off a 1hr Massage.*

*Or Discount Hair Styles from **X-Styles at Regents Park.***

*Or Discount Car Services From **Steve Sorensen Mechanical***

*This is Community Trade working at it's best and you can Rest a sure that your money is staying **Locally!***



# Welcome to our Bigger and Better Clinic

Welcome! We can hardly believe that we are finally here. We hope you enjoy our new clinic and of course the new services we bring to you. We will keep you informed about the New Services available on the New Notice Board in reception.

Did you know that Kouxan **Now** has it's own Skincare Range made by essential oils and natural products. Not only are we looking after your body **but** your skin too. Don't forget to have a look at our website [www.kouxan.com](http://www.kouxan.com)

Have you ever wondered where this year has gone, as you battle through tiredness, stress, sleepless nights, then rest assured one of our therapist are here to help you.

## New Services! New Faces

### Reiki

Reiki is an ancient art of healing which works on all bodily levels—physical, mental and spiritual. Reiki is an input of pure energy which accelerates the body's natural ability to heal. Reiki is safe and natural. It reduces stress and enhances any other treatment. Reiki is very powerful after an operation or emotional trauma to help get you back on even keel.

#### Fees

**1hr .....\$60.00**

#### Meditation Classes

Melody will also be holding meditation and spiritual sessions on a Friday Night. This is a wonderful way to end the week. Class starts at 7.45pm and go for about 1 1/2hr duration. Fee \$2.00



### Psychologist and Life Coach

Sometimes life can get too much, or you might like someone to help you meet your goals. Liz Josuah has a extensive range of experience in Anxiety disorders (panic, obsessive, phobias, post traumatic stress disorder) Depression, Loss and Grief and Behavioral Difficulties in children.

An example of techniques Liz uses are Cognitive Behavior Therapy and Solution Focused Therapy. Liz is available for appointments Monday and Thursday afternoons.

#### Fees

**Int Cons .....\$160.00 Std Cons.....\$120.00**

These services can be claimed on Private Health, Medicare, Workcover and Insurance.

### Podiatry

Do you suffer from Shin Splints, Bunions, Ingrown Toe Nails, Corns or other foot complaints, Ric Le can help you. Your feet are one of the most important part of your body and yet they are one of the most neglected parts.

Ric is available for appointments Wednesday and Friday

#### Fees

**Int Cons .....\$55.00 Std Cons.....\$45.00**

Claimable on Private Health, Medicare, Veteran Affairs.

### Naturopathy

Are you looking for a Natural way of dealing with your illness?

Julie has extensive experience in both orthodox and natural medicine.

Julie has been a nurse for 15 years and knows the importance of working with your GP.

#### Fees

**Int Cons.....\$55.00 Std Cons .....\$45.00** Claimable on Private Health

