

Dyslexia Moderate

Have you noticed that your child is having difficulty with words, or language, or is developing poor writing skills? Chiropractic may be the answer you are looking for.

The nervous system controls all of your bodily functions, from making your heart beat at the right rate to raising the hairs on your body when you feel cold. Some of what your body does you can control, but the majority of what goes on does so unnoticed. As your brain developed, it began to separate certain functions to allow it to specialise in certain tasks – verbal communication, for instance, is more dominant on one side whereas non-verbal communication or body language is more dominant on the other.

So when we see children with difficulties in writing or poor language development there is a high possibility that there is one side of the child's brain that is not working to the same extent as the other side.

So how does chiropractic help with this? Dr Christian Fludder, a chiropractor, explains.

“We know that one side of the brain controls movement on the opposite side of the body. The same is true for the other direction – sensation detected on one side of the body stimulates areas of the brain on the opposite side. And where does the majority of information from the body to the brain come from? The spine. This is how chiropractic can influence the activity of the brain.”

Dyslexia and other language-based disorders in children are commonly a result of this half of the brain that is responsible for language not functioning correctly. If it is not working well, the rest of the brain makes the decision to ignore it rather than work at a slower rate. But commonly there can be other symptoms that accompany it.

“Poor posture, for one, is a big indication that things in the nervous system are not working the way they should. Some kids with poor nervous system function have forward head carriage, where

their heads are forwards on their shoulders; some have scoliosis. Quite a few have eye-based problems and need to wear glasses because they can't read properly. Sadly, one of the most common correlated adult conditions from a childhood with language disorders is depression.”

“This is not limited to dyslexia and language problems however, other behavioural disorders can be influenced by chiropractic in a similar fashion. Disorders like ADD, or hyperactivity, or poor concentration are all resultant from a poorly functioning nervous system, and chiropractic is a technique that aims to restore proper nervous system function.”

In order to see if your child could benefit from chiropractic care, a thorough assessment is first required.

