

# Do YOU want greater quality for a healthier life?

- Maintain ease of movement
- Assisting in reducing pain
- Help increase circulation
- Help lower blood pressure
- Assisting in reducing recovery time for injuries and operations
- Relaxing and aids sleep
- Beneficial in maintain good health

Book NOW for  
1/2 hr Massage

**Special Seniors Discount**

**Tuesdays ONLY**

**\$26.00**

Health Fund Rebates Available

Please Book for appointment to guarantee your time.